

Middle School Lunch Menu

March 2019



Middle School LUNCH PRICES

Student "Paid"\$ 2.70
 Student "Reduced".....FREE
 Student "Free".....FREE
 Milk.....\$.50

Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mandarin Orange Chicken Or Beef Fiestada Pizza Warm Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables Cucumber Salad
4 Choice of: Chicken Patty on a Bun Or Beef Hamburger on a Bun Sweet Potato Fries Buffalo Cauliflower	5 Brunch for Lunch Or Turkey Corn Dog Oven Baked Tri Tators Turkey Sausage Roasted Carrots School Made Apple Crisp	6 Cheese Pizza Or Chicken Tenders Whipped Potatoes Low Fat Gravy Mint Sweet Peas School Made Dinner Roll	7 Beef Or Chicken Walking Taco Fresh Taco Fixings Seasoned Brown Rice Refried Beans Whole Kernel Corn	8 Philly Beef Sandwich Or Three Cheese Calzone Roasted Peppers & Onions Vegetarian Baked Beans Savory Green Beans & Onions Queso Cheese Sauce
11 Sweet & Sour Chicken Or Sichuan Chicken Stir Fry Vegetables Potato Crunch Broccoli Seasoned Brown Rice Garlic Breadstick	12 Beef Meat Sauce Or Chicken Parmesan Whole Grain Pasta Warm Garlic Toast Roasted Brussel Sprouts California Blend Vegetables	13 Mini Chicken Corn Dogs Or Cheese Pizza School Made Soup Roasted Squash Mint Sweet Peas	14 Italian Dunker Cheese Bread Or Chicken Patty on a Bun Marinara Sauce Romaine Lettuce Salad Chipotle Caesar Cauliflower Salad	15 Stuffed Crust Cheese Pizza Or Fish Tacos w/Tortilla Garlic Green Beans Vegetarian Baked Beans
18 Beef Hamburger on a Bun Or Fish Patty on a Bun Twister Fries Creamy Coleslaw	19 Brunch for Lunch Or Turkey Corn Dog Oven Baked Tri Tators Turkey Sausage Oven Roasted Carrots	20 Chicken Or Pork Fajita Fresh Fajita Fixings Seasoned Brown Rice Black Beans Roasted Peppers & Onions	21 Chicken Tenders Or Personal Size Cheese Pizza School Made Dinner Roll Whipped Potatoes Low Fat Gravy Cauliflower with Soy Sauce	22 Toasted Cheese Sandwich Or Grilled Chicken Sandwich Creamy Tomato Soup Roasted Broccoli Cucumber Salad
25 NO SCHOOL SPRING BREAK	26 NO SCHOOL SPRING BREAK	27 NO SCHOOL SPRING BREAK	28 NO SCHOOL SPRING BREAK	29 NO SCHOOL SPRING BREAK

Entrée Offered Daily: Salad Bar, Sunbutter or PB & J Sandwiches
Sides Offered Daily: Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk

* May contain Pork 
 # May contain nuts or peanut butter 
 Any school made item could contain any of the above, please check with Kitchen Manager at site.
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 2025-9410 or call (866) 632-9992 (Voice and TDD). USDA is an equal opportunity provider and employer.

Free and Reduced Meal Applications available online at www.district279.org/fma OR may be picked up at any school within District 279 or the District Office.

All Grains/Breads offered are a minimum of 51% Whole Grain



Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.