

# OALC and OEC Lunch Menu

## March 2019

### OALC & OEC LUNCH PRICES


Student "Paid" .....	\$ 2.85
Student "Reduced" .....	FREE
Student "Free" .....	FREE
Milk .....	\$.50

Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Mini Chicken Corn Dogs OR Fish Patty on a Bun  Oven Baked Tri Tators Green Beans
4 Chicken Tenders OR Fish Nuggets  Low Fat Gravy School Made Dinner Roll Whipped Potatoes Sweet Peas	5 Asian Chicken Or Hot Turkey Ham & Cheese Sandwich  Warm Garlic Breadstick Seasoned Brown Rice Stir Fry Vegetables	6 Italian Dunker Cheese Bread Or Turkey Corn Dog  Marinara Sauce Romaine Lettuce Salad Roasted Broccoli	7 Beef or Chicken Taco Salad OR Cheese Pizza  Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings	8. Cheese Pizza OR Philly Beef Sandwich  Roasted Peppers and Onions Queso Cheese Sauce Sweet Potato Fries
11 Chicken Patty on a Bun OR Turkey Corn Dog  Scalloped Potatoes Potato Crunch Broccoli	12 Brunch for Lunch OR Hot Turkey Ham & Cheese  Oven Baked Tri Tators Turkey Sausage Roasted Carrots	13 Popcorn Chicken Or Honey Sriracha Chicken  Macaroni and Cheese Garlic Breadstick Savory Green Beans and Onions	14 Beef or Chicken Taco OR Cheese Pizza  Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings	15 Fish Sandwich OR Grilled Chicken Sandwich  Oven Baked Fries Roasted Brussels Sprouts
18 Chicken Tender Wrap OR Beef Rib-B-Que  Sweet Potato Fries Roasted Cauliflower	19 Asian Chicken OR Shredded Pork *  Seasoned Brown Rice School Made Dinner Roll Stir Fry Vegetables	20 Turkey Deli Sandwich OR Beef Meatball Sub w/ Marinara  Vegetarian Baked Beans Roasted Broccoli Fresh Sandwich Fixings	21 Beef or Chicken Taco Salad OR Cheese Pizza  Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings	22 Cheese Pizza OR Philly Beef Sandwich  Roasted Peppers and Onions Queso Cheese Sauce Sweet Potato Fries
25 NO SCHOOL SPRING BREAK	26 NO SCHOOL SPRING BREAK	27 NO SCHOOL SPRING BREAK	28 NO SCHOOL SPRING BREAK	29 NO SCHOOL SPRING BREAK

**Entrée Offered Daily:** Salad Bar, Sunbutter or PB & J Sandwiches  
**Sides Offered Daily:** Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk

\* May contain Pork 

# May contain nuts or peanut butte 

Any school made item could contain any of the above, please check with Kitchen Manager at site.  
 Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

All Grains/Breads offered are a minimum of 51% Whole Grain



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**Free and Reduced Meal Applications available online at [www.district279.org/fma](http://www.district279.org/fma) OR may be picked up at any school within District 279 or the District Office.**

*Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.*