

# OALC and OEC Lunch Menu

## April 2019

### OALC & OEC LUNCH PRICES

Student "Paid" ..... \$ 2.85  
 Student "Reduced" ..... FREE  
 Student "Free" ..... FREE  
 Milk ..... \$ .50

Menu subject to change without notice.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>1</b> Stuffed Crust Pizza OR Turkey Corn Dog  Romaine Caesar Salad Roasted Broccoli	<b>2</b> Popcorn Chicken OR Beef Meatballs  Whipped Potatoes Low Fat Gravy School Made Dinner Roll Garlic Green Beans	<b>3</b> Beef Hamburger OR Turkey Burger  Oven Baked Twister Fries Vegetarian Baked Beans Fresh Burger Fixings	<b>4</b> Beef or Chicken Taco OR Cheese Pizza  Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings	<b>5</b> Mini Chicken Corn Dogs OR Fish Patty on a Bun  Oven Baked Tri Tators Roasted Broccoli
<b>8</b> Chicken Tenders OR Fish Nuggets  Whipped Potatoes Low Fat Gravy School Made Dinner Roll Sweet Peas	<b>9</b> Asian Chicken OR Hot Turkey Ham & Cheese Sandwich  Seasoned Brown Rice School Made Dinner Roll Stir Fry Vegetables	<b>10</b> Italian Dunker Cheese Bread OR Turkey Corn Dog  Marinara sauce Parmesan Cauliflower Romaine Lettuce Salad	<b>11</b> Beef or Chicken Taco Salad OR Cheese Pizza  Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings	<b>12</b> BBQ Pork Sandwich OR Grilled Chicken Sandwich  Sweet Potato Fries Creamy Cole Slaw
<b>15</b> Chicken Patty on a Bun OR Turkey Corn Dog  Potato Crunch Broccoli Scalloped Potatoes	<b>16</b> Brunch for Lunch OR Hot Turkey Ham and Cheese  Oven Baked Tri Tators Turkey Sausage Roasted Carrots	<b>17</b> Popcorn Chicken Or Honey Sriracha Chicken  Macaroni and Cheese Garlic Breadstick Savory Green Beans and Onions	<b>18</b> Beef or Chicken Taco OR Cheese Pizza  Soft Tortilla or Hard Shell Seasoned Brown Rice Refried Beans Whole Kernel Corn Fresh Taco Fixings	<b>19</b> No School
<b>22</b> Chicken Tender Wrap OR Beef Rib-B-Que  Sweet Potato Fries Zesty Baked Zucchini	<b>23</b> Asian Chicken OR Shredded Pork  Seasoned Brown Rice School Made Dinner Roll Stir Fry Vegetables Sweet Green Peas	<b>24</b> Beef Cheeseburger Hot Dish Or Turkey Corn Dog  Vegetarian Baked Beans Roasted Broccoli Fresh Fixings	<b>25</b> Beef or Chicken Taco Salad OR Cheese Pizza  Tortilla Chips Seasoned Brown Rice Black Beans Whole Kernel Corn Fresh Taco Fixings	<b>26</b> Philly Beef Sandwich OR Grilled Chicken Sandwich  Roasted Peppers and On- ions Queso Cheese Sauce Sweet Potato Fries Coconut Curry Beans
<b>29</b> Stuffed Crust Pizza OR Turkey Corn Dog  Romaine Caesar Salad Roasted Broccoli	<b>30</b> Popcorn Chicken OR Beef Meatballs  Whipped Potatoes Low Fat Gravy School Made Dinner Roll Garlic Green Beans	<b>Entrée Offered Daily:</b> Salad Bar, Sunbutter or PB & J Sandwiches <b>Sides Offered Daily:</b> Fresh Fruit, Fruit Sauce, Fresh Vegetables, Milk		

Free and Reduced Meal  
 Applications available  
 online at  
[www.district279.org/fma](http://www.district279.org/fma)  
 OR  
 may be picked up at any  
 school within District 279  
 or the District Office.

\* May contain Pork



# May contain nuts or peanut butter



Any school made item could contain any of the above, please check with Kitchen Manager at site.

Allergy Notice: Products have been made in the District Kitchens or plants where milk, eggs, soy beans, tree nuts, peanuts and other ingredients are used.

In accordance with federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint, write USDA, Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 2025-9410 or call (866) 632-9992

*Our mission is to inspire and prepare all students with the confidence, courage and competence to achieve their dreams; contribute to community; and engage in a lifetime of learning.*